



STOWMARKET AND DISTRICT
LEARNING ACTIVITIES IN RETIREMENT
(UNIVERSITY OF THE THIRD AGE)
Registered Charity No. 1002987



Newsletter No 30

March 2012

From the Chairman :-

This year several changes have been instigated by your committee, which I believe will be approved and welcomed by you all. It is very satisfying to know that progress is continuing to be made in many directions. As many of you will know I have always been keen on the expansion of the numbers of groups and associated interests. Yes, we have a small number of new groups and I look forward to seeing them flourish. For those that take on the task of organising a new group may I say that the satisfaction rewards are considerable, (though not in monetary terms). Indeed, being involved provides the greatest benefits of all.

Our Summer garden party as you will already know is being changed from August to June and now I can state definitely it will be at Elm Farm, Stonham Aspel, IP14 6AE, where we will have the use of the public rooms of the house and the large attractive garden. Please sign up on the Notice displayed at the back of the hall along with all the others. This event is free and includes an afternoon tea!

Unfortunately I will not be able to attend the August outing to Aylsham and Wroxham Broad in Norfolk. This will be led by Peter this time, but again I have already enjoyed this excursion and found it a great day out (subject to the weather of course).

I have also been to a couple of the U3A Summer Schools in the past and plan to attend again this summer as I have found them to be very good and so I can recommend them to you, if you have ever wondered about them at any time.

Philip Weir

01449 676 528

From the Secretary :-

We held our 2011 Christmas party once again at the URC hall. As usual the catering was excellent and everyone enjoyed the traditional fare. There was no extra entertainment this year leaving more time for a good gossip at this popular social event. Many thanks, once again, to the Committee members for all the excellent organisation and hard work they put in every year.

Our last Committee meeting was at the end of January and, as always, there were lively discussions on 'all things Stowmarket U3A'. A major topic was the fact that, at this year's AGM in September, both the Chairman and Secretary are due to retire. I will have completed 5 years as Secretary by then (up from a nominal 3) and will have to stand down, so the search is on for my successor. The Committee are agreed that we should encourage 'new blood' (I became Secretary within 9 months of joining the U3A!) so if you are, or know anyone who is enthusiastic, computer literate and keen to be involved in all aspects of Stowmarket U3A please let me or any other Committee member know as soon as possible. As well as the change of Officers, we are also looking for new members as 2 or 3 of the current Committee will be retiring in September. Once again, if you are interested please let us know.

As you are now aware we have rearranged the programme for this year. There's no outing in June, instead that's when we'll have our Garden Party. There's been some trouble in finding a suitable venue but by the time you read this I'm sure this will have been resolved. This left August free, but following a survey held in November last, a trip to Norfolk has been arranged on the Bure Valley Railway followed by a river trip on the Broads (details elsewhere in the Newsletter). If you haven't already done so, please reserve your place as soon as possible. Tickets will be available at the April and May meetings.

Please keep watching our web site and don't forget to let me know if you change your email address. You can access the site by using our own web address, www.u3astowmarket.org.uk and, Group Leaders, if there's anything you want publishing, please let me know.

Peter Dakeyne

peter@dakeyne.com

01449 781 562

Since the last Newsletter :-

October :-

Mrs Joyce Kimber enlightened us on the origins and development of the war time work at Bletchley Park, which some of us visited a few years ago. This was truly a stimulating and wonderful presentation.

November :-

Here we were treated to almost a full museum of nostalgic goods and implements of yesteryear by Mr Mike Robinson. Our older members could remember them well, especially as they had used them in the past.

December :-

Once again our Christmas luncheon proved to be a great success and huge thanks are due to the organising group.

January :-

Mr Pip Wright once again gave us an exceptional talk, this time on "The diary of a poor country woodman".

February:-

"Fifty years a Newsagent" was the subject for Mr John Webb who was based here in Stowmarket for nearly all his life. We learnt how hugely life and our shopping tastes have changed in this time.

And now for :-

March :-

Mr Ron Godbold talk is entitled "The Growth of Industry in Stowmarket"

April :-

Mr & Mrs G Waspe will enlarge on their talk about "Guide Dogs for the Blind"

May :-

Mr Peter Banham will be telling us about "Sayings and their origins".

June :-

Our Garden Party, details to be announced later.

July :-

Mrs Linda Scoles a former American will recount her "Journey to Citizenship".

And now for:-

Group Co-ordinator's Corner:-

In the Spring of 2011, as newly appointed Groups Coordinator for U3A Stowmarket, I encouraged the committee and members generally to propose some new study groups based on members ideas. There were a lot of announcements at the Wednesday meetings at the URC hall, much canvassing of members, letters,

newsletter articles, and meetings to try to get things underway. We wanted to reflect what members wanted. After a flurry of activity, nothing happened. The Groups Coordinator went away with his tail between his legs. BUT, lo and behold, the Groups Coordinator is pleased to announce that four more interest groups have started since he got out of the way!

There is now a FRENCH CONVERSATION group, a CANASTA group, a CRAFT GROUP, a FOLK DANCE group. Well done to everyone involved. Details on how to join them are available from the GC or from U3A notices at meetings or on the U3A website. If anyone has an idea for starting another group e.g. Nature Studies, Music, Books 2, that the Groups Coordinator should avoid interfering in, please let him know on 01449 258192 or at saltony@talktalk.net.

Tony Taylor

01449 258 192



Computer group :-

We've settled into our new meeting day and time, 2nd Wednesday, 1.30pm at Stowupland High School. This is more convenient for most members but, unfortunately, less so for one or two. Nevertheless, there's usually 15-20, out of nearly 50 registered members, at each session.

Since the last Newsletter we have had a very varied series of discussions and presentations all given by our members. In November we looked at 'Windows 7' (Philip), December saw us 'Designing a Poster' instructed by Pam and in January, I led a session on 'File and Folder organisation' and various related issues. We were let down by a guest speaker (from a local electrical store) in February due give a talk entitled 'Tablet Computers: What are they? What can they do? Do I need (want) one?'. Fortunately, both Philip and Mike have recently acquired a tablet, so we got together and dealt with the subject ourselves. In the event, it turned out to be a most interesting and entertaining session.

Going forward, in March Philip will be revisiting 'All things Google' and in April Marian and Harry will be showing us how to restore an old photo. The topics for May, June and July have yet to be decided but at our August session (at the Bowls Club) we are to have a talk on music, 'iTunes and beyond' given by Les Selby, a member from Hadleigh U3A.

As always, we want to encourage beginners and the more experienced alike and to help this along all meetings start with 'Agony Corner' when members can raise any computer related issues or problems for discussion. There's usually somebody around the table who's had the same problem and solved it or, if not, some research is done later and the answers passed to everyone. If you go onto the Computer Group page on

the website (please log on to www.u3astowmarket.org.uk, then click 'Groups' then 'Computer') you will find links to notes for all meetings back to November 2010.

Peter Dakeyne peter@dakeyne.com

Country Strolls :-

Longer :-

The group continues to enjoy walks of about 5 miles twice a month in different locations around Suffolk. On 2nd December we enjoyed a walk along the banks of Alton Water where we saw an enormous holly tree/bush smothered in berries. This made a great photo! We then had our Christmas lunch at the Holbrook Compasses. Three of us explored the possibilities of a holiday in Bournemouth recently. Wonderful beaches and cliffs and garden walks up the Chines!

Andrea Burton

01449 774 869

Shorter :-

Marion kindly led a walk for us at Claydon in November, which gave us some lovely views, and also found another teashop, which was most enjoyable. Barbara led the walk at Walsham-le-Willows. Starting the New Year eleven of us walked around Wickham Skeith. Marion led the town walk, starting at Comb and taking us to the leisure centre for a cuppa. The snow did not stop eight of us from taking a short walk before our belated Christmas lunch at Barking Lion and which was enjoyed by all.

Helen Mead

01449 673 660

Discussion Group :-

We are very fortunate in that Pat Smith hosts our monthly meetings and we are very grateful for his hospitality. Our discussions range over a very wide range of subjects and the opinions expressed turn out to be very stimulating and informative as to diverse ideas and attitudes to the world about us and what goes on there. We could welcome one or two new members provided that they can enter into the spirit of our discussions.

Philip Weir

01449 676 528

English Folk Dancing:-

We meet once a month on the second Monday from 2pm to 4pm for anyone who would like to come along and learn how to do English Folk Dancing. The venue for this is Wetherden Village Hall and the cost is £2.50 and that includes free tea/coffee and biscuit. It is run in parallel with Blackbourne U3A as they founded this group but were at risk of having to close down through lack of numbers. Joan Stebbins, their group leader has agreed that we join them though she does not want too

many. A few of us have already attended and thoroughly enjoyed it. So, if any of you would like to join us please do not hesitate to come along and if you should need a lift to get there just give me a call and I will try to organise one.

Doris Hackworthy

01449 616 405

French Conversation Group:-

This new group has started with a French teacher twice a month. We all studied French at school about 40 or 50 years ago so our attempts at conversation are rather rusty and halting! We will no doubt improve over the next few months and I am sure we will enjoy the process.

Andrea Burton

01449 774 869

Gardens and Things :-

Since the last entry for the magazine the garden group has had a quiet time. August of course was our garden party and **September**, we could not find anyone to take up the challenge.

October, was organized by Jackie who lead us in an adventure in recycling various discarded paper and materials into useful articles for Christmas decorations and presents.

November, was our normal sit down and construct the 2012 calendar of events, his proved to be very productive and gave us a full year of activity for 2012. **January**, Our next get together was the annual post Christmas lunch, this year we went to the Lion at Needham Market, and enjoyed a first rate meal for 21 members of the G&T group.

February, Although we had arranged to hold a meeting in the Bowls club in February we had to cancel at a late date through unforeseen circumstances **March** is set to visit Otley college, but you will hear more of that visit in a later issue.

Harold Turner

01449 676 882

Myths & Legends :-

We are a very small group and unfortunately for a variety of very good reasons attendances have been down. Nevertheless our discussions on the relevant topics have proved to be not only very interesting but also wide ranging. Indeed, we would welcome some new members to widen our scope and to provide a wider range of interest and opinion.

Philip Weir

01449 676 528

Play Reading Group:-

The play reading group have read two very contrasting plays. The first was All My Sons by Arthur Miller.

The action of the play is set in August 1947, in the mid-west of the U.S.A. The events depicted occur between Sunday morning and a little after two o'clock the following morning.

Joe Keller, the chief character, is a man who loves his family above all else, and has sacrificed everything, including his honour, in his struggle to make the family prosperous. He is now sixty-one. He has lost one son in the war, and is keen to see his remaining son, Chris, marry. Chris wishes to marry Ann, the former fiancée of his brother, Larry. Their mother, Kate, believes Larry still to be alive. It is this belief which has enabled her, for three and a half years, to support Joe by concealing her knowledge of a dreadful crime he has committed.

Arthur Miller, the playwright, found the idea for Joe's crime in a true story, which occurred during the second world war: a manufacturer knowingly shipped out defective parts for tanks. These had suffered mechanical failures which had led to the deaths of many soldiers. The fault was discovered, and the manufacturer convicted. In All My Sons, Miller examines the morality of the man who places his narrow responsibility to his immediate family above his wider responsibility to the men who rely on the integrity of his work.

We as a group found this play a very hard but rewarding one to read and had lots of discussions over the very welcome cup of tea

The second play we read was Sheridan's The Rivals It's 1775 and the fashionable world descends on Bath, to take the waters, show off their finery, enjoy the gossip and pursue romance. Amongst them are some of the most extraordinary comic characters to grace the stage: the verbally misguided Mrs Malaprop, her absurdly romantic niece, Lydia Languish, the blinkered Sir Anthony Absolute, the blustering Irishman Sir Lucius O' Trigger and the bumpkin Bob Acres. Throughout the course of a single day these suitors and schemers and their servants indulge in an assortment of hilariously extravagant intrigues before everyone is paired off to their own satisfaction.

We have had a lot of fun getting our tongues round the 18th century language with all of us sounding like Mrs Malaprop

Helen Freeman 01449 613 060

Poetry Group :-

The poetry group has had an interesting time this winter. Each member has researched the lives and work of a favourite poet and then shared this knowledge within the group.

We are now going to look at and read the poetry in greater depth. At our meeting in February we all



enjoyed reading the wide ranging work of Louis McNiece who amazed us with his mix of style and use of language.

We will be reading, Norman MacCaig, Sylvia Plath, Roger McGough, Rudyard Kipling and John Betjamen in the next few months

Helen Freeman

01449 613 060

Town and Village History :-

We had a well attended programme planning meeting come coffee morning in my home on 5th January at which we had input and lively discussion from virtually every member. The result was an interesting and varied programme for the year through to October with the unfortunate exception of March which remained blank.

We have already had our first event which was an enjoyable talk by Harold Turner about the formation and history of the Woodfield Bowls Club which is celebrating its centenary this year. The club is well known of course by Stowmarket U3A because a number of groups have used it as a meeting place in recent years.

Now we are looking forward to the rest of our exciting programme the next event being on 5th April when Jennifer Adams and Hazel Burl lead us off to Stanton and Wyken Hall.

Terry Potter

01449 770 256

Art Appreciation :-

Tony Taylor

01449 771 168

Book Club :-

Alicia Beaton

01449 616 172

Canasta :-

Hazel Burl

01449 615 581

Luncheon Club :-

Angela Bentley

01449 780 274

Memoirs Group :-

Pat Smith

01449 675 568

Keep Fit :-

Pauline Taylor

01449 678 954

Scrabble Groups :-

Sheila Dobey

01449 677 265

Playwright Study Group :-

Helen Whitehead

01449 676 491

U3A Suffolk & District Network: :-

The last S&D Network meeting was hosted by Stowmarket U3A on 17th November last at the Rookery Bowls Club. There were no volunteers for the vacant Treasurer' job so the present incumbent agreed to extend for another six months. Bury St Edmunds volunteered to host a 'Group Co-ordinators' meeting, an event that had been under discussion for more than 2 years. As the meeting is planned for 8th March, it will be reported on in the next Newsletter.

Following the very successful Spring Symposium held in May last year it has been decided to hold a similar event in 2012. Entitled 'Celebrating the Arts in Suffolk Today' the Spring Symposium 2012 will again be held in the drama studio at Stowupland High School on 19th May. In the morning Professor Christopher Green OBE, music critic and Conductor of the Triannon choir in Ipswich for fifty years, will look at the vibrant musical scene in the county and Alan Wilkinson, Past President of the Suffolk Architectural Association, will describe the latest additions to the built environment in the county, both private and public. Then, in the afternoon, Sarah Bower, novelist and creative-writing tutor, will look at the county's many literary activities, from well-known authors to newcomers, and from literary festivals to writers' circles. Finally, Barbara Dougan MA, artist, curator and consultant, will provide an over-view of the many aspects of the visual arts in Suffolk. If you haven't already booked there may be a few tickets left. Please call Lyn Gray 9 of Sudbury U3A, 01787 883368 for further information.

The 2012 Autumn Academy, AA7, will also, for the first time, be held at Stowupland High School on the 6th October. Several members from within U3As in Suffolk have already signed up to be speakers and preparations are well underway for what promises to be a varied and interesting programme. There may still be one or two openings for more speakers so if you think that you could put together an interesting talk on any subject and be able to make a presentation to 10-20 people please contact Frances Lewis, 01638 713 155, frances_lewis11@hotmail.com as soon as possible, definitely before the end of March. The full programme and application forms will be available during April.

The next S&D Network meeting will be hosted by Stour Valley U3A on 3rd May 2012. These meetings are open to any members and if you would like to take part, please let me know. The minutes of the last meeting (at Stowmarket) and much more information can be viewed on the web site, www.u3asuffolknetwork.org.uk.

Peter Dakeyne

peter@dakeyne.com

News from U3A Central Office:-



If you have already read the latest copy of 'U3A News' you will have seen that the name will be changing to 'Third Age Matters' and there will be 5 issues a year.

- Mid April 2012 - Third Age Matters
- Mid June 2012 - Third Age Matters & Sources
- End Sep. 2012 - Third Age Matters & Sources
- End Nov. 2012 - Third Age Matters
- Mid Jan. 2013 - Third Age Matters & Sources

The good news for all the U3As subscribing to the direct mail scheme is that the price will NOT be increasing. To make sure you receive your copy, please ensure that your address details are up to date with the Membership Secretary. You can, of course, if you wish, opt out of the scheme; just let me know.

Software4Students. Please note that from 1st April 2012 it will no longer be possible to order Microsoft Office Pro 2010, Microsoft Office for Mac 2011, Microsoft Windows 7 Professional and Ultimate upgrades at the hugely discounted rates previously offered. So, if you were intending to purchase any of the above do so before 31st March; thereafter you will still be able to buy them with a significant discount through the National Office.

The 2012 U3A Photography Competition is now open; this year's theme is 'Seasonal Britain'. Please see the full details elsewhere in this Newsletter.

This year is the 30th anniversary of the U3A in Britain. 1982 saw the birth of the national organisation, and the founding of the first three local U3As. It's grown steadily every year since then – there are now 274,261 members in 837 local U3As. The U3A is one of the greatest success stories of the last thirty years. There will be some national events and many local ones to mark the anniversary.

You can find more about this event and learn more about The Third Age Trust (the Central Office of the U3A) by logging on to www.u3a.org.uk. Make sure to register as a member so you can access all the documents and other information available.

Peter Dakeyne peter@dakeyne.com
01449 781 562

"I was telling my son about the advantages of being over fifty. 'As you get older,' I said, 'you get wiser,'

He looked at me and replied, 'In that case you must be a genius.'"

Angus Walker

"You're not as younger as you used to be. But you're not as old as you're going to be.

So, watch it!"

Irish Toast

"When you're over fifty you can still do all the things you did when you were seventeen

that's if you don't mind making a complete prat of yourself."

Mike Knowles

Walking Group holiday to Lincolnshire Wolds, October 2011

Inspired by the view across The Wash from Hunstanton, Norfolk, last year, 2010, six ladies from the U3A Walking Group ventured into the Lincolnshire Wolds for the first week of October 2011. Two self-catering cottages gave us plenty of space to spread out as well as meet up for meals and planning meetings and crossword solving.

Our first walk took us from the village of Fulletby to Belchford (!) through lovely rolling countryside - (not all of Lincolnshire is flat!) (and the Lincolnshire miles seemed much longer than Suffolk miles). We found the names of the villages most amusing - i.e. Waplode and Farthorpe and Bag Enderby.

We were lucky enough to stumble across the Lincolnshire curly coated pigs, featured on the Countryfile programme on TV. The farm was very close to where we were staying and we chatted to the owner and took photos, including one of the name board 'Mangalitsa' breed. She told us that the fur/hair is exported to America where someone makes it into flies for fishing!

Our next walk took us from Ashby Puerorum (latin for small boy) via J&J's very reasonable cafe - to Snipe Dales Nature Reserve where we had a picnic in a beautiful wooded valley. We negotiated our way through the reserve despite tree felling operations closing some of the paths. We also passed very close to the site of a Civil War battle of 1643 near Mareham on the Hill.

A trip to the town of Horncastle came next, after a short morning walk had taken us past Juicetrump Hill! Horncastle - we were told - is where Tom Thumb lived! The town also boasts antique shops and a river side walk. The bus service from Horncastle is excellent so we used our bus passes to take us to Lincoln itself where the kindly driver dropped us at the top of the hill so that we could explore the wonderful cathedral and the castle which includes an old prison. In the cathedral we were lucky enough to see the display of inlaid wooden 'pictures' - "The Forest Stations" (of the cross) by William Fairbank. For anyone who is drawn to wood, these are a tremendously moving experience.

We were in Lincoln on the Wednesday which happens to be the day the local special needs school children come to the cathedral to take part in all manner of activities, including tai chi, singing, arts and crafts etc. This gave the building a really lively buzz. And of course we did not miss looking at the Lincoln Imp!

Our last full day took us by bus in the opposite direction to see the sea at Skegness. The purchase of woolly hats was a necessity as the wind was quite ferocious. A planned 1.5 mile walk to the Visitor Centre at Gibraltar Point turned into 5 miles across sand dunes covered in scrub. Fortunately we made it in time for some lunch at the centre from where we could use binoculars to watch the birds on the shore AND look across The Wash to Hunstanton where the plan to visit had first been formulated.!

Other points of interest to note: Alfred Lord Tennyson was born in Somersby in 1809. He was Poet Laureate in 1850.

In the village of Spilsby we saw a statue of Sir John Franklin, 1786-1847. He led the expedition which discovered the North West Passage but sadly died on the journey.

We are considering our next holiday - maybe Derbyshire in the autumn.
Andrea Burton.

Bagpipe Music

by -- [Louis MacNeice](#)

It's no go the merrygoround, it's no go the rickshaw,
All we want is a limousine and a ticket for the peepshow.
Their knickers are made of crepe-de-chine, their shoes are made of python,
Their halls are lined with tiger rugs and their walls with head of bison.

John MacDonald found a corpse, put it under the sofa,
Waited till it came to life and hit it with a poker,
Sold its eyes for souvenirs, sold its blood for whiskey,
Kept its bones for dumbbells to use when he was fifty.

It's no go the Yogi-man, it's no go Blavatsky,
All we want is a bank balance and a bit of skirt in a taxi.

Annie MacDougall went to milk, caught her foot in the heather,
Woke to hear a dance record playing of Old Vienna.
It's no go your maidenheads, it's no go your culture,
All we want is a Dunlop tire and the devil mend the puncture.

The Laird o' Phelps spent Hogmanay declaring he was sober,
Counted his feet to prove the fact and found he had one foot over.
Mrs. Carmichael had her fifth, looked at the job with repulsion,
Said to the midwife "Take it away; I'm through with overproduction."

It's no go the gossip column, it's no go the Ceilidh, (1)
All we want is a mother's help and a sugar-stick for the baby.

Willie Murray cut his thumb, couldn't count the damage,
Took the hide of an Ayrshire cow and used it for a bandage.
His brother caught three hundred cran when the seas were lavish, (2)
Threw the bleeders back in the sea and went upon the parish.

It's no go the Herring Board, it's no go the Bible,
All we want is a packet of fags when our hands are idle.

It's no go the picture palace, it's no go the stadium,
It's no go the country cot with a pot of pink geraniums,
It's no go the Government grants, it's no go the elections,
Sit on your arse for fifty years and hang your hat on a pension.

It's no go my honey love, it's no go my poppet;
Work your hands from day to day, the winds will blow the profit.
The glass is falling hour by hour, the glass will fall forever,
But if you break the bloody glass you won't hold up the weather.

2012 U3A Photography Competition The Theme is "Seasonal Britain"

Cities & hamlets; land & sea; parks & gardens; flora & fauna etc ... throughout the year

Winning photographs will feature in the U3A engagement calendar for 2013

Closing date – 8th May 2012 You may send entries at any time between now and the closing date above.

Rules

Photographs should be in colour – digital pictures only. Pictures should be in landscape format only

Digital images must be high resolution (300dpi), supplied on CD and saved in JPG format accompanied by a good colour print.

Minimum print size 7" x 5" Images must be of the UK only

A covering note should be sent with picture title, entrant's name, U3A, address, telephone and email and a label with this information stuck on the reverse of each picture. Please do not write on the back of the pictures

Please do not submit entries by email Maximum of 3 entries per individual

We cannot return photographs so please send copies, not originals, of any photographs you wish to keep.

The 12 winning entrants, selected by independent judges, will each receive a gift token and 6 calendars free of charge.

The pictures will be featured on www.u3a.org.uk and the winners announced in the summer issue of U3A News.

All entries to:- The Third Age Trust, 19 East Street, Bromley, Kent BR1 1QE

STOWMARKET U3A - OUTING AUGUST 2012

Wednesday 22nd August (Please note, 4th Wednesday)

Bure Valley Railway, Aylsham – Wroxham, Boat Trip Wroxham

Cost £23.00 pp (coach, railway, boat)

Itinerary

09.30	Depart	Meadlands (free) Car Park, Stowmarket
09.35	Depart	Stowmarket Railway Station (Pedestrians)
11.00/11.15	Arrive	Aylsham
11.30	Depart	Aylsham – Bure Valley Railway
12.15/12.30	Arrive	Wroxham
Free time for lunch		
14.00	Depart	Wroxham – Broads River Cruise
15.30	Arrive	Wroxham
15.45	Depart	Wroxham
17.15	Arrive	Stowmarket

If you wish to reserve a place, please enter your name(s) on the list on the notice board. Please remember to tick the box for your preferred pick point, column S, Station and column M for free parking at the Meadlands Recreational Centre Car Park. Tickets will be available at the April/May meetings.

A few ancient Irish Laws

- 1) When you become old your family must provide you with one oatcake a day, plus a container of sour milk. They must bathe you every twentieth night and wash your head every Saturday. Seventeen sticks of firewood is the allotment for keeping you warm.
- 2) if you see a horse straying near a river in the dark, or a pit, and do nothing to save it, you must make restitution.
- 3) Three days is the stay of your cattle in the pound for a quarrel in the ale-house, injury of thy chief, overworking a valuable horse, maiming thy chained dog, disturbing the fair or a great assembly, or striking or violating thy wife. Five days for satirizing a man after his death.
- 4) Every third year roads must be cleared of brambles, weeds and water to prepare for the great assembly.
- 5) The harpist is the only musician who is of noble standing. Flute players, trumpeters and timpanists, as well as jugglers, conjurers and euestrians who stand on the backs of horses at fairs, have no status of their own in the community, only that of the noble cheiftain to whom they are attached.
- 6) The creditor who holds your brooch, your earrings as a pledge against your loan must return them so you may wear them at the great assembly. *Or he will be fined for your huiliation.*
- 7) The husband when, through listlessness, does not go to his wife in her bed must pay a fine.
- 8) If a pregnant woman craves a morsel of food and her husband withholds it through stinginess or neglect, he must pay a fine.

Deadlines for the next issues :-

30th June for the July copy, and 30th September for the October copy.