

STOWMARKET AND DISTRICT LEARNING ACTIVITIES IN RETIREMENT



(UNIVERSITY OF THE THIRD AGE)
Registered Charity No. 1002987

Newsletter No 31 July 2012

From the Chairman:-

This Newsletter is coming at the end of my stint as Chairman, and I must say that, in spite of it having been a very dramatic period in my life for a whole series of reasons, the support and help that I have had from the Committee and indeed all of you has been absolutely wonderful and has been very gratefully received.

Thank you, one and all for that.

As I am, also, very aware there is the need at the next AGM to find and appoint several new committee members, and I am hopeful that some of our younger member will come forth to pick up the reins of this most marvellous organisation to guide it on to future success. Please believe me when I say the returns in satisfaction of a job well done and in a wider circle of friends and acquaintances is beyond measure

This year we brought forward our Garden Party to June and Dee Payne who organised it did a wonderful job and deserves our congratulations. Not only that, but in a year of rather indifferent weather, we were fortunate in getting the best summer's day this June.

Again the Committee is trying to inject new life into the September meeting and AGM, - please see page 8 for all the details. I dearly hope that you all will support this event by your attendance and participation

Philip Weir philipweir 100 @btinternet.com 01449 676 528

From the Secretary:-

Our last Committee meeting was at the beginning of May and, as always, there were lively discussions on 'all things Stowmarket U3A'. Like the previous meeting and as reported in the last Newsletter, a major topic was the fact that, at the AGM in September, both the Chairman and Secretary are due to retire. Philip will have completed his 3 years in office as Chairman and his retirement clashes with mine as I have extended my 3 year stint to 5 years so creating a difficult situation. In addition the Committee will be significantly depleted; Doris Hackworthy has resigned for personal reasons, and Sally Taylor, Shirley Bonner and Helen Freeman have also said they will be standing down. I would like to offer very many thanks for the sterling work they've all put in on the Committee in recent years.

At the May monthly meeting, great efforts were made to get the message across (including the parading of placards, thanks, Tony and Shirley!) that things were very serious. Encouragingly, we did get volunteers - thank you very much to the 6 members who put their names forward for the Committee. However, we still don't have anyone to take on the Secretary's role, so if you are, or know anyone who is enthusiastic, computer literate and keen to be involved in all aspects of Stowmarket U3A please let me or any other Committee member know as soon as possible – this is now quite urgent. It goes without saying that I will give the new Secretary all the help necessary to ease him/her into the job.

The notice of the AGM together with the necessary nomination forms will be posted at the July monthly meeting. As the Chairman reports above, this will in a different format for 2012 – hope you approve.

As you are aware we rearranged the programme for this year. In June we held our Garden Party at Elm Farm, Stonham Aspal and very many thanks are due to Dee Payne for finding the venue and organising everything with the proprietors. In the midst of a week of wet weather, we were actually favoured with the best day of the summer so far! All of the ladies and most of the gentlemen (about 80 members in total) arrived in their summer finery and enjoyed what was probably the best food spread we have every experienced at our Garden Party. Many diets were abandoned for the day!!

It was originally planned to leave August free of any activity, but in a survey early this year great enthusiasm was shown for an outing, the favoured one being for a trip to Norfolk on the Bure Valley Railway followed by a river trip on the Broads which will take place on Wednesday 22^{nd} August. The 49 places have all been reserved and the remaining tickets need to paid for at the July meeting, please.

This may very well be my last Newsletter report as Secretary, so I'd like to say how much I've enjoyed doing the job over the last 5 years and having had the opportunity to interact with members in a very direct way. I will, however, be continuing the role of 'Webmaster' so please keep watching at, www.u3astowmarket.org.uk and, Group Leaders, if there's anything you want publishing, please let me know.

Peter Dakeyne peter@dakeyne.com 01449 781 562

Since the last Newsletter:-

March:-

As a former Newsagent in Stowmarket, Mr Ron Godbold's talk on the 'Growth of Industry in Stowmarket' was both very revealing and interesting.

April:-

'Guide Dogs for the Blind' always has a heart wrenching appeal for us all. So, Mr & Mrs Waspes' talk and demonstration of the training & work done by the dogs and their owners was exceptionally poignant, as illustrated by their two dogs, one old and itself blind and the younger working one.

May:-

Mr Peter Banham's talk on 'Sayings and their Origins' turned out to be a sort of gentle quiz. Yet it proved to be not only popular but very enlightening, telling us the true origins, which are very often different to our expectation.

June :-

This year our Garden Party was brought forward and held at Elm Farm at Stoneham Aspel. Organised by Dee Payne and with lovely weather, it was a great success enjoyed by some 80 members

And now for :-

July:-

Mrs Linda Scoles, an Anglicized American will recount her 'Journey to Citizenship'. She does have a nice sense of humour, so we should see the funny side of that part of life.

August:-

Our annual outing (previously held in June) is in August this year and is already fully booked. Please note and remember that on this occasion, due to booking problems, it will be on the 4th Wednesday, (not the 3rd as normal) i.e. **22nd August**. The excursion is to Aylsham for a trip on the Bure Valley narrow gauge railway to Wroxham and after lunch time there, a boat trip from there on the Broads.

September:-

Please see the notice on the back page.

Group news:-



Art Appreciation: Tony Taylor: 01449 771 168

Computer group :-

Since the last Newsletter we have had a varied series of discussions and presentations all given by our members. I was away



on holiday in March – many thanks to Sylvia Downs for holding the fort in my absence. At that meeting, Philip revisited 'All things Google' and surprised the members with some new revelations about what can be done with this ubiquitous tool.

While I was away I received an email from the school saying that our April meeting date fell during their Easter holidays – a fact that we'd all completely missed. Do to the short notice the meeting had to be cancelled; this necessitated some frantic emails sent from Australia trying to ensure that everybody was informed in time. It was, however, a good test for our new Asus tablet we'd taken with us and of our ingenuity in finding 'free Wifi'!

For the May session, Marian Brown impressed us when she took us through the some of the techniques used to restore an old photograph. From a scanned 100 year old photograph and using 'Photoshop Elements' we cloned out creases and tears and improved the colour and contrast to give a very satisfactory picture at the end. 'Security' is a topic much discussed at our meetings so, in June, I compiled a lot of information and used PowerPoint to illustrate the meanings of some of the terms used, what threats to look out for and how to combat them. We had a lot of fun exploring various web sites and found some useful sources of computer related Q&As.

For the July session, we are going to take a look at the 'Windows Context' menus and see how the 'right click' of the mouse can not only give us information about what we're looking at but enable quick access to other functions (depending on the 'context', of course!).

Please note, due to the school holidays the August meeting will be held at our old venue, the Woodfield Bowls Club. As bowls are played in the afternoon, the day and time is also changed; now Monday 6th August, 10.00am for a 10.30am start. Thanks to Harold Turner for organising this. Our guest speaker will be Les Selby, a Hadleigh U3A member who will give us a talk and demonstration about music on the computer entitled 'iTunes and beyond'.

As always, we want to encourage beginners and the more experienced alike and to help this along all meetings start with 'Agony Corner' when members can raise any computer related issues or problems for discussion. There's usually somebody around the table who's had the same problem and solved it or, if not, some research is done later and the answers

passed to everyone. If you go onto the Computer Gardens and Things:-Group page on the website (please log on to www.u3astowmarket.org.uk, then click 'Groups' then 'Computer') you will find links to notes for all meetings back to November 2010.

Peter Dakeyne

01449 781 562

Country Strolls:

Longer:-

The heavy rain and flooding in May caused us to postpone our walk from Thorndon. We have now successfully completed this walk which led through the beautiful scen-



ery of the small valley of the River Dove and some overgrown green lanes.

We also had a brief look at the disused church of Braiseworth and then its 19th century replacement which has now been converted into a private home. Plans are in hand for the next six months' walks. Andrea Burton

01449 774 869

Shorter:-

Remembering the lovely walk in March when 12 of us enjoyed a walk around Norton Park to see the beautiful display of daffodils, followed by tea in the new café there.

Angela kindly led a walk at Great Ashfield and also provided a lot of history about the airfield.

We managed to finish the walk at Norton just in time, before the rains came down. 'Lucky'

Sorry, Barbara. No-one turned up for your walk (because of the heavy rain?).

I would like to say 'Thank You' to Marion for her help in leading walks. Unfortunately for us, but she now has other commitments and so will not be able to lead again.

Lets hope that the sun willshine on us walkers again soon.

Helen Mead 01449 673 660

Discussion Group:-

This group continues enjoy lively to discussions on topical subjects and whilst we are having a break until



September, the subjects for the first part of next years programme are published. They can be found on our web site. We are looking forward to a good attendance and more lively discussion then.

01449 676 528 Philip Weir

Sandie & Tony took the group on a tour of the Blakenham site. The day started with a visit to the water park on the Bramford road, this is a place that has been



developed from old excavations and made into a water ski area. Whilst the total depth is only about six feet at the deepest it is ideal for younger generation to learn the sport, the site also has a golf driving range and a very comfortable café where the party took morning coffee. On leaving the water park they only had a short distance to go for the wood and this is sited in Little Blakenham. The wood is an area of mixed trees and low growing shrubs and usual spring bulbs which were still in evidence. The group enjoyed the experience and on leaving made their way to The Chequers Pub in Great Bakenham situated opposite the church where a good meal was enjoyed.

May At home with Jenny Rogers

This was a departure from our usual day out, we spent the morning at Jenny's in the village of Woolpit where we all contributed an array of potted plants which were surplus to the owners requirements and given to anyone that needed them, and asked the recipients to put a contribution in the collecting box. Jenny made tea or coffee and in the end raised a total of £47.20 for the G&T fund. We left Jenny's at about 12.noon and went to the Bunbery Arms near Bury St Edmunds for lunch and afterwards went to the antiques barn at a small village called Risby. This is a 450 year old barn full of antiques and memorabilia and a real Aladdin's cave leaving about 4pm for home.

June Watisden farm with Judy Thomson

Now this is what the G&T group is all about, discovering what Suffolk is all about, the farm situated outside Woodbridge is a large 1800 area spread covering most of the local area's supply of potatoes. But it is not what you think of as a farm, they are totally self-sufficient in all the needs of electricity and water. The crop cycle is a nine year rotation supporting deer, pigs, pheasants, and poultry. The group was transported round the area in a passenger carrier pulled by a very large tractor. A bit bumpy at times but very enjoyable: we toured the area for about an hour and a half and were shown every thing. Whilst I have tried to inform the reader of the experience there is not enough space in this article, and certainly worth a revisit sometime.

July will see us at Langham Hall, but more of this in the next issue

Harold Turner 01449 676 882

French Conversation:-

The members of this group are really enjoying brushing up their French language skills.

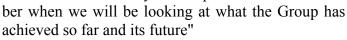
We have a tutor for an hour and 🕻 take turns at asking and answering questions in the past and present tense. The future tense is still to come!!

Andrea Burton 01449 774 869

1+5=

Memoirs Group:-

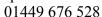
There is not a great deal to report about the Memoirs Group as we have only met briefly during the past few months. Our next meeting is scheduled for Thursday 13th Septem-



Pat Smith 01449 675 568

Myths & Legends :-

This is a very small group and is in great need of more members. A programme for the next year, starting in September, has been published and can be seen on our web site. Perhaps it might encourage you to join us? Philip Weir

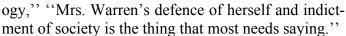


Play Reading Group:-

The play reading group have read Mrs Warrens Profession by George Bernard Shaw and Ibsen's The Master Builder

When Shaw completed Mrs. Warren's Profession in 1893, it was

censored for eight years. When it was finally produced on the London stage in 1902, the public was outraged by its controversial content. Reviewers overwhelmingly condemned the play as immoral, citing its focus on prostitution and incest. Today, however, the play is applauded for its astute view of the corruption at the heart of Victorian society. The play centres on Mrs. Warren, who, forced by the economic realities of nineteenth century London, becomes a prostitute and Let them take it in turns at putting me up later runs several successful brothels. Through her characterization. Shaw exposes the corruption and hypocrisy of the "genteel" class. He also explores the personal consequences of such a profession as Mrs. Warren struggles to gain the respect and love of her Insurance against the body-blows of time daughter after she discovers the truth about her mother. Modern audiences admire the play's artistry as well as its subject since, as Shaw notes in his "Apol- And can't contract out?



As we read this we found that some of the comments we were reading were also very relevant for today

The response to Henrik Ibsen's The Master Builder (Bygmester Solness in Norwegian) was mixed. The play received overwhelming praise when it was published in Scandinavia in 1892, but the demands it placed on actors made it difficult to stage. and as a result, the early performances of the play were criticized. As the actors and audience became accustomed to the play's innovative technique, however, audiences began to applaud Ibsen's creative mix of realism and expressionism in his compelling portrait of a middle-aged architect who assesses his obsessive drive to succeed

The play is very wordy with some long passages, after reading this we were very glad of the cup of tea provided by our host Mr Pat Smith.

Helen Freeman 01449 613 060

Poetry Group:-

Since are last report in the March news letter we have enjoyed Sylvia reading the work of Plath, Roger McGough, and Rudyard Kipling.



In true U3A tradition, members have taken it in turn to research the poet and give the group a in site to there lives and writing.

In our next three meetings before the summer break we look forward to reading poems on Celebration, and Sport and studding the poet John Betieman

We have been invited to read to the activity group at Partridge Court and look forward to sharing our poetry with them

PAY-BACK TIME

O Lord, let me be a burden on my children For long they've been a burden upon me. May they fetch and carry, clean and scrub And do so cheerfully.

Nice sunny rooms at the top of the stairs With a walk-in bath and lift installed At great expense.....Theirs.

Isn't that what having children's all about? To bring them up knowing that they owe you What is money for but to spend on their schooling?

Designer clothes, mindless hobbies, usual stuff. Then as soon as they're earning, off they go Well, enough's enough.

It's been a blessing watching them develop The parental pride we felt as each one grew. But Lord, let me be a burden on my children And on my children's children too.

Helen Freeman

Roger McGough 01449 613 060

Playwrights Study Group

The group has studied a wide variety of playwrights since its formation last year.



We now have 8 members and have enjoyed researching aspects of the lives and works of playwrights as diverse as Anton Chekhov, C.P.Taylor, Moliere, J.B.Priestley and Arnold Wesker.

Our studies focus on a playwright's contemporaries, the art and culture of their times, the historical and political setting in which they wrote and how their family background affected their views. We then read extracts from their plays and visit a local theatre to see a production of their work.

We have attended performances at The Wolsey Theatre Ipswich, Summer Theatre at Southwold, The Theatre Royal Norwich and The Mercury Theatre Colchester.

We have taken the ambitious step of choosing to study aspects of William Shakespeare as part of the World Shakespeare Festival 2012.

Our study meetings are on Mondays from 10 – 12 noon on the following dates:- July 9th, September 3rd and October 8th. We have booked to see the RSC's production of Julius Caesar at the Theatre Royal Norwich on October 20th and will meet in November to discuss the play and our reactions to it.

Obviously we can only gain a superficial insight into the lives of the playwrights through our study group but we find that this enhances the enjoyment of our theatre visit and gives us lots of food for thought.

In 1900, in a letter to Maxim Gorky, Anton Chekhov wrote: "one usually dislikes a play while writing it, but afterward it grows on one. Let others judge and make decisions".

If you are interested in joining us, please contact Helen Whitehead 01449 676 491



U3A Suffolk & District Network:

At the meeting in November last year Bury St Edmunds U3A volunteered to host a 'Group Co-ordinators' meeting, an event that had been under discussion for more than 2 years. This meeting took place on March 8th when 12 people representing 8 U3As attended. Working to a prepared agenda the general feeling of the attendees was that this SGL meeting was successful and that a very useful exchange of information and ideas had transpired. Of particular use was a brochure prepared by Sudbury U3A for the benefit of its Group Leaders; copies of this were subsequently sent to all member U3As. It was agreed that such a meeting should be held once a year BStE agreed to host again.

The 2012 Spring Symposium on 19th May was held, once again, in the Drama Studio at Stowupland High School. Entitled 'Celebrating the Arts in Suffolk Today' the proceedings were opened by Professor Christopher Green OBE, music critic and Conductor of the Triannon choir in Ipswich for fifty years, who looked at the vibrant musical scene in the county, then, Alan Wilkinson, Past President of the Suffolk Architectural Association described the latest additions to the built environment in the county, both private and public. In the afternoon, Sarah Bower, novelist and creative-writing tutor, talked about the county's many literary activities, from well-known authors to newcomers, and from literary festivals to writers' circles. Finally, Barbara Dougan MA, artist, curator and consultant, provided an over-view of the many aspects of the visual arts in Suffolk. More than 120 U3A members from all over Suffolk attended and the overwhelming response was that it had been a most interesting and successful event.

The Network's seventh Autumn Academy (AA7) will be held this year at Stowupland High School on 6th October. Full details and application form were sent to Stowmarket U3A members by email in June; these are also downloadable from the link on the 'Meetings' tab on the Stowmarket web site, www.u3astowmarket.org.uk or from the Network site at www.u3asuffolknetwork.org.uk. Additionally, Sally Taylor has hard copy forms at each of our monthly meetings. The closing date for application is 21/08/2012.

The last S&D Network meeting was hosted by Stour Valley U3A on 3rd May 2012 at Constable Hall, East Bergholt. Everyone got there despite the fact that

the attendees had to find very diverse routes because of local flooding in the area! Key items on the Agenda were a) that there are still no volunteers to take on the vacant Treasurer's job and b) that the Secretary (yours truly) will have completed 3 years in the role and will, therefore, have to retire in November. Rod Gray's (of Sudbury) term as Treasurer finished at the November 2011 meeting. As there were no volunteers he agreed pro-tem to extend to this meeting. He made the point that the job was far less onerous than that of a U3A Treasurer. As the Network handles and banks monies then, without a Treasurer the Network cannot function and would have to shut down. Similarly, as I will be retiring in November, the Network needs a volunteer to take over as Secretary - as yet no one has come forward. The Network provides a valuable service to all Suffolk U3As. If it is forced to close down due to a lack of Officers then, for example there could be no further Autumn Academies or Spring Symposiums to look forward to. If you or anyone you know would like to take on either of these two roles, please let me know as a matter of urgency.

The next S&D Network meeting will be hosted by East Suffolk U3A on 22nd November 2012. I These twice yearly meetings are open to any members and if you would like to take part, please let me know. The minutes of the last meeting (at East I Bergholt) and much more information can be site, Pauline Taylor viewed on the web www.u3asuffolknetwork.org.uk.

Peter Dakeyne peter@dakeyne.com

01449 781 562

U3A Central Office:

You should all by now have received the June issue of 'Third Age Matters' and 'Sources' supplement. If you haven't, it may be that you joined Stowmarket U3A too late to be included in the data base for this issue. If this is the case and you would like a copy, please check with Andrea Burton who has a few spares. The next issue will be at the end of September.

A revised list of subject advisers has been published, more than 40 at the last count. Group Leaders please let me know if you would like a copy. The 2013 U3A Diary is now available to order, it will have a blue cover and the price remains at £2; if you would like to order one (or more), please put your name on the notice board list or let me know directly.

I've received the Minutes of the 2011 AGM in Nottingham and full details of this year's AGM at the Royal Agricultural College, Circucester on 12th September. The AGM will be preceded on the 11th Sep by an afternoon with a range of workshops and in the evening a social get together and self service dinner. Please let me know if you are interested in attending.

Finally, and as reported in the 'Third Age Matters', the U3A has joined forces with the Royal Geographical Society to launch a competition for U3A members and groups to design a local walk for the 'Discovering Britain' series of walks. Please see the notice board for full details.

You can find more about these items and learn more about The Third Age Trust (the Central Office of the U3A) by logging on to www.u3a.org.uk. Make sure to register as a member so you can access all the documents and other information available.

Peter Dakeyne peter@dakeyne.com 01449 781 562

Book Club Alicia Beaton	01449 616 172	
Keep Fit :- Pauline Taylor	01449 678 954	E. A
Luncheon Club :- Angela Bentley &	01449 780 274	

01449 678 954

Scrabble Groups :-Sheila Dobey 01449 677 265

Town and Village History:-Terry Potter 01449 770 256

Canasta club Hazel Burl 01449 615 581 Crafts

Seaspirit Christie

01449 675 438

See the next page for a message from the Groups Coordinator....

"HOORAY!" —to the French Conservation group and to the Canasta group both of which have started recently.

Suggestions have been made for a Music group, a Wildlife Study group, a second Poetry group and a second Book group - but nothing has happened!

Are there people out there who are still interested in these topics? If so, why don't we do something about it?

You don't have to lead an interest group - many groups work by people sharing the organisation. What needs to be organised is a list of activities and a place to meet.

Can the Groups Coordinator help? If so, contact him on:

Tony Taylor <u>saltony@talktalk.net</u> 01449 258193

At the cash register of the store, the young cashier suggested to the older woman that she should bring her own shopping bags because plastic bags weren't good for the environment.

The woman apologized and explained, "We didn't have this green thing back in my earlier days."

The cashier responded, "That's our problem today. Your generation did not care enough to save our environment for future generations. You <u>didn't</u> have the green thing."

She was right -- our generation didn't have the green thing in its day.

Back then, we returned milk bottles, soft drink bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So they really were recycling. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull.

But we didn't have the green thing back in our day.

We walked up stairs, because we didn't have an escalator in every shop and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks.

But she was right. We didn't have the green thing in our day.

Back then, we washed the baby's nappies because we didn't have the throw-away kind. We dried clothes on a line, not in an energy gobbling machine burning up 220 volts -- wind and solar power really did dry our clothes back in our early days. Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

But that young lady is right. We didn't have the green thing back in our day.

Back then, we had one TV, or radio, in the house -- not a TV in every room. And the TV had a small screen the size of a handkerchief, not a screen the size of the Melbourne Cricket Ground. In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the post, we used wrapped up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn petrol just to cut the lawn. We used a push mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

But she's right. We didn't have the green thing back then.

We drank water from a tap when we were thirsty instead of demanding a plastic bottle flown in from another country. We accepted that a lot of food was seasonal and didn't expect that to be trucked in or flown thousands of air miles. We actually cooked food that didn't come out of a packet, tin or plastic wrap and we could even wash our own vegetables and chop our own salad.

But we didn't have the green thing back then.

Back then, city people took the tram or a bus, and kids rode their bikes to school or walked instead of turning their mothers into a 24-hour taxi service. We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest pizza joint.

But isn't it sad the current generation laments how wasteful we old folks were just because we didn't have the green thing back then?

Remember: Don't make old people mad. We don't like being old in the first place, so it doesn't take much to ____ us off.

U3A AT THE UNITED REFORMED CHURCH

A flower arrangement was put into the URC annual flower festival on behalf of U3A
By Lorretta Goldman and Marion Wilcox
The Theme this year was Hands ,and their title was HANDS THAT DO... ... EVERYTHING
This excellent arrangement was much admired by the many visitors over the week-end







Two Pictures of our June Garden Party

Annual General Meeting and Groups Day, 2012

The Committee has been listening to your comments about previous AGMs and so, this year, we have decided to try a new venue and new format.

Venue – The AGM will be held at the Stowmarket Community Centre, Hillside. This is convenient for several of our members who live nearby and there is a fair amount of free parking space available for those from further afield.

We will have use of the full hall plus the Gainsborough Room and kitchen.

Format – The AGM notice alongside (and as published on the board at the July meeting) gives the timetable. When the formal AGM business is concluded there will be the option to stay on for a light lunch before socialising during the afternoon.

Notice of: Annual General Meeting

Wednesday 19 September 2012

Stowmarket Community Centre, Hillside, IP14 2BD

12:30pm-1:15pm AGM

1:15pm-2:00pm Refreshments & buffet lunch available

2:00pm–4.00pm Group activities, displays & information

The Agenda will be distributed on the day and, if required, some copies of the 2011 AGM minutes will be available.

The optional buffet lunch will be offered at a subsidised price of £2.00 pp.

Please note, the 2012/2013 annual subscription (unchanged at £10.00 pp) becomes due at this meeting.

Please see the the notice board reference nominations for the Executive Committee.

Deadline for the next issue :-

30th September for the October copy.

Edited by Philip Weir Produced by The Copy Centre, 37 Stowupland Street, Stowmarket, Suffolk IP14 1EG Tel. & Fax 01449 775 166 www.u3astowmarket.org.uk