



TABLE TENNIS GROUP INFORMATION SHEET



Qualification to join: Be a Stowmarket U3A member. You don't have to be an expert player – even if you've not played since your teens, you'll soon pick up the basics again. The objective is just to enjoy yourself and exercise mind and body in the process.

Venue/ Resources: We play at **the St Peter's Church Hall, Stowmarket** and use the equipment (4 tables, nets, balls and bats) loaned by the **Stowmarket Table Tennis Club**. There is a small charge per session for this. The STTC have their own session each Monday morning and leave the tables up for the afternoon.

Session frequency: Alternate Monday afternoons, 2.00 pm – 3.30 pm

Costs: On joining, group members must sign up as Affiliate members of the STTC/TTE (Table Tennis England) at a cost of **£1.00 pp per year**.

1. Hall Hire - £11.00 per hour, thus 1½ Hours £16.50. STTC equipment usage/training contribution, £2.00 per session. **Total £18.50 per session.**
2. The founder members (numbering 12) agreed an initial payment of **£10.00 per 6 sessions** (playing or not) paid at the beginning of each 6 session/3 months period. By November, numbers doubled and costs reduced to **£5.00**. This gives a small buffer and may accumulate a reserve. New members joining mid period to pay pro rata for the remaining sessions. It may be possible to reduce the payment yet further as numbers increase.
3. Invoices will be submitted monthly in arrears and sent directly to the U3A Treasurer.
4. Subscriptions can be paid via BACS or cheque

Please note, BACS payment information will be supplied on application.

Things to know: Table tennis is an active sport and in accordance with our U3A procedures a Risk Assessment has been prepared, *a copy of which is available to view any time*. Key items include:

1. Always wear appropriate clothing and suitable footwear, light weight and with good grip to avoid slipping.
2. Make yourself aware about the location of the emergency exits, fire extinguishers and first aid kit
3. The tables are heavy. Do not attempt to dismantle or put up unless you have been shown the correct procedure.
4. Ensure that you have provided names and contact numbers in the event of emergency.
5. All group members are responsible for their own belongings/ equipment and their own decision to participate – but as a supportive group we are encouraged to keep an eye on each other and support appropriately.